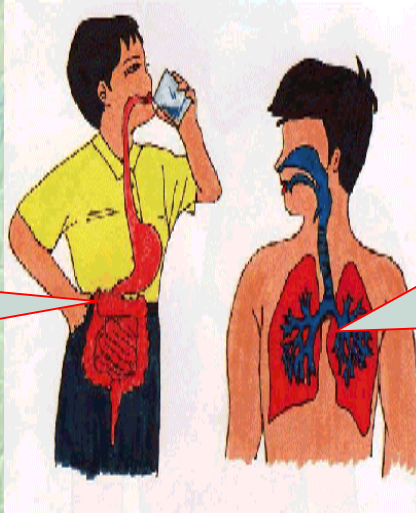


# The Harmful Effects of Lead Exposure

Lead particles in the air, may enter our body.

## How lead enters the body



Poison enters digestive tract

- Accidental Ingestion
- Inhalation of lead particles

Poison enters respiratory tract



I will not be complacent

Why is he not sick?

## Lead exposure affects people differently

Reaction to lead contamination differs depending on several factors, such as, level and length of exposure, personal hygiene, eating habits, age, gender, physical condition.

## Harmful Effects of Lead Exposure

Joints or muscle pains



Fatigue & Headache



Serious exposure will cause anemia, stomach cramps, kidney trouble, nervousness and reproductive problems

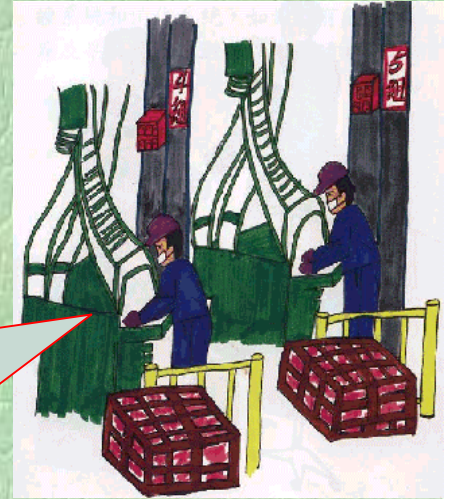


# How to avoid the harmful effects of lead exposure

Lead contamination is easily prevented, if work rules are followed, and attention to individual prevention, protection and hygiene is practiced

## Follow work rules and operating procedure

- Maintain normal air ventilation
- Use protective masks
- Keep factory premises clean
- Prevent contamination of rest areas
- .....



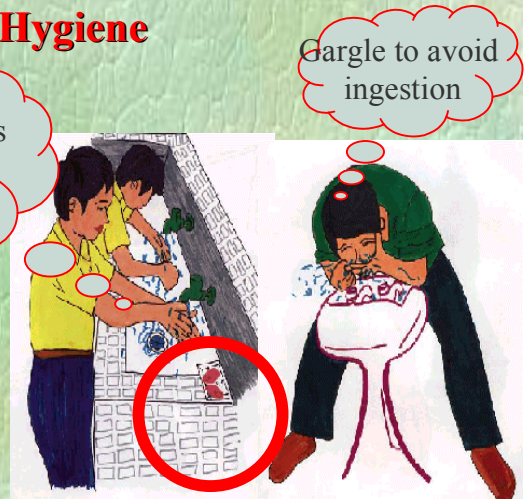
## Attention to Personal Hygiene

Wash your hands to avoid contamination

No smoking and eating in the work place.



Do not bring food and drinks to the work place.



## The Council of Labor Affairs cares for your health

We suggest a regular medical examination ; and take care of your own health condition. Be aware of lead content in your blood. If there is any problem inform your supervisor or consult your doctor.